

Kit list - these are items required for the camp

- Sleeping bag
- Pillow
- Blanket
- Roll mat/sleeping mat
- Suncream
- Beach towel
- Underwear (3x pairs)
- Socks (3x pairs)
- Shorts
- T-shirts (x3)
- Trousers
- Waterproof coat
- Sun hat
- Woolly hat
- Pyjamas (or similar warm sleeping clothes)
- Thick socks
- Warm evening clothes, e.g. a thick jumper/sweatshirt
- Wellies
- Trainers
- Shoes (comfortable walking shoes)
- Flip flops
- Sunglasses
- Day rucksack
- Toothbrush
- Toothpaste
- Toiletries
- Water bottle
- Plate
- Bowl
- Cutlery
- Mug (unbreakable)
- Tea towel
- Medication (in clear labelled plastic bag, with name label on)
- Torch
- Polythene bag for dirty clothes