

# WEEK 1 MENU

W/C: 30/10, 20/11, 11/12, 01/01, 22/01, 04/03, 25/03

## CHOICE *One*

## CHOICE *Two*

## GRAB & GO OPTIONS

<b>MON</b>	<b>Traditional Cottage Pie</b> ❤️ Served with Vegetables and Gravy	<b>Vegetarian Sausages</b> ♻️ Served with Mashed Potato, Vegetables and Gravy
<b>TUE</b>	<b>Turkey Con Chilli</b> ❤️ 🌿 Served with Rice and Peas	<b>Feta and Beetroot Burger</b> ♻️ Served with Chipotle Wedges and Salad
<b>WED</b>	<b>Honey Roasted Ham and Mash</b> Served with Vegetables and Gravy	<b>Vegetarian Cottage Pie</b> ♻️ ❤️ Served with Vegetables and Gravy
<b>THUR</b>	<b>Smokey Chicken Pasta Bake</b> Served with Salad	<b>Sweet Potato and Bean Enchilada</b> ♻️ Served with American Slaw
<b>FRI</b>	<b>The Sausage Dog</b> Served with Chips, Peas and Baked Beans	<b>Mac &amp; Cheese Pot</b> ♻️ Served with Chips and Peas

### WEEKLY SPECIAL

● **Roasted Indian Chickpea Salad** ♻️ ●

#### SALADS:

Tuna and Sweetcorn Pasta Salad  
Pesto Pasta Salad 🌿 ❤️ ♻️

#### SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich  
Chicken, Lettuce & Mayo Sandwich  
Cheese Sandwich ♻️  
Ham Baguette  
Cheese & Tomato Baguette ♻️

#### WRAPS:

Tuna Crunch Wrap 🌿  
Pepper and Houmous Wrap ♻️ 🌿

#### HOT DISHES:

Paninis  
Pasta & Sauces  
Freshly Baked Pizza  
Love Joe's Mexican Burrito

# WEEK 2 MENU

W/C: 06/11, 27/11, 18/12, 08/01, 29/01, 19/02, 11/03

## CHOICE *One*

## CHOICE *Two*

## GRAB & GO OPTIONS

<b>MON</b>	<b>Chicken Shawarma Flatbread</b> Served with Salad	<b>Vegetarian Mexican Tortilla Pie</b> 🌱 ❤️ Served with Wholegrain Rice and Vegetables
<b>TUE</b>	<b>Southern Fried Chicken Katsu</b> 🌱 Served with Wholegrain Rice and Vegetables	<b>Yellow Vegetable Curry</b> 🌱 ❤️ 🌱 Served with Wholegrain Rice and Vegetables
<b>WED</b>	<b>Roast Turkey</b> Served with Roast Potatoes, Two Vegetables and Gravy	<b>Louisiana Soul Bowl</b> 🌱 ❤️ 🌱 Served with Yellow Rice and American Slaw
<b>THUR</b>	<b>Chicken and Vegetable Tikka Masala</b> 🌱 ❤️ Served with Wholegrain Rice and Sweetcorn	<b>Roasted Cauliflower and Chickpea Korma</b> 🌱 🌱 ❤️ Served with Wholegrain Rice and Sweetcorn
<b>FRI</b>	<b>Fish and Chips</b> Served with Peas and Baked Beans	<b>The Veggie Dog</b> 🌱 Served with Peas and Baked Beans

### WEEKLY SPECIAL

- Moroccan Chicken Salad ❤️ •

#### SALADS:

Tuna and Sweetcorn Pasta Salad  
Pesto Pasta Salad 🌱 ❤️ 🌱

#### SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich  
Chicken, Lettuce & Mayo Sandwich  
Cheese Sandwich 🌱  
Ham Baguette  
Cheese & Tomato Baguette 🌱

#### WRAPS:

Tuna Crunch Wrap 🌱  
Pepper and Houmous Wrap 🌱 🌱

#### HOT DISHES:

Paninis  
Pasta & Sauces  
Freshly Baked Pizza  
Love Joe's Mexican Burrito

# WEEK 3 MENU

W/C: 13/11, 04/12, 15/01, 05/02, 26/02, 18/03

## CHOICE *One*

## CHOICE *Two*

## GRAB & GO OPTIONS

<b>MON</b>	<b>BBQ Pork Meatballs</b> 🌱 Served with Wholewheat Pasta, Pizza Pinwheel and Green Beans	<b>Cauliflower Mac'n'Cheese</b> 🌱 🌱 🌱 Served with Pizza Pinwheel and Salad
<b>TUE</b>	<b>Teriyaki Chicken Soul Bowl</b> 🌱 🌱 Served with Pineapple Rice, Crunchy Slaw and Peas	<b>Vegan Chilli</b> 🌱 🌱 🌱 Served with Wholegrain Rice and Peas
<b>WED</b>	<b>Roast Turkey</b> Served with Roast Potatoes, Two Vegetables and Gravy	<b>Black-eyed Bean Burger</b> 🌱 Served with Garlic and Herb Wedges And American Slaw
<b>THUR</b>	<b>Sticky Chicken and Vegetable Noodles</b> 🌱 	<b>Sweet and Sour Vegetables</b> 🌱 🌱 🌱 Served with Wholegrain Rice
<b>FRI</b>	<b>Southern Fried Chicken Goujons</b> Served with Chips, Peas and Baked Beans	<b>Mexican Loaded Wedges</b> 🌱 Served with Peas and Baked Beans

### WEEKLY SPECIAL

#### • Sweet Chilli Chicken Noodle Salad •

#### SALADS:

Tuna and Sweetcorn Pasta Salad  
 Pesto Pasta Salad 🌱 🌱 🌱

#### SANDWICHES/BAGUETTES:

Ham & Cheese Sandwich  
 Chicken, Lettuce & Mayo Sandwich  
 Cheese Sandwich 🌱  
 Ham Baguette  
 Cheese & Tomato Baguette 🌱

#### WRAPS:

Tuna Crunch Wrap 🌱  
 Pepper and Houmous Wrap 🌱 🌱

#### HOT DISHES:

Paninis  
 Pasta & Sauces  
 Freshly Baked Pizza  
 Love Joe's Mexican Burrito