



DUKE OF EDINBURGH AWARD SCHEME

The Duke of Edinburgh Award programme is a real adventure from beginning to end. You need to realise there's more to life rather than sitting on a sofa watching life pass you by. You can complete both the Bronze and Silver Award at Cape Cornwall School before undertaking the Gold Award at college.

By taking part in the Duke of Edinburgh Award, you will improve a range of skills like leadership, teamwork, and independence. You will learn new skills, which will develop confidence; you might find a new passion for something you enjoy. You will get fitter. You will find yourself helping people or the community. You will build resilience. The awards will enhance your CV but more importantly than that, you will develop skills you did not know you had and learn a lot about yourself. Employees and Universities recognise the Duke of Edinburgh Award and know the commitment and determination you have to have to achieve it.

Your programme can be full of activities and projects that get you buzzing. You can also be recognised for the wide range of activities you may already be involved in. In addition, along the way you will pick up experiences, friends and talents that will stay with you for the rest of your life.

At the end of year 8, you will be invited to start your Bronze Award at the beginning of Year 9. A Bronze D of E programme has four sections: Volunteering, Physical, Skills and Expedition. You must do a minimum of 3 months' activity for each of the Volunteering, Physical and Skills sections, and plan, train for and do a 2 day (1 night) Expedition. You also have to spend an extra three months on one of the Volunteering, Physical or Skills sections. It is your choice which one.

In Year 10, you can go on to achieve your Silver Award, the next step up from Bronze.

A Silver D of E programme has the same four sections, Volunteering, Physical, Skills and Expedition. However for the Silver Award you need to do at least 6 months Volunteering and a minimum of 6 months on either Physical or Skills and 3 months on the other. It is up to you which one you do for longer. The Expedition section involves planning, training for and doing a 3 day (2 night) expedition.

Ultimately, we want all our students to do the 'Duke of Edinburgh Award'.

Website Links

www.dofe.org

www.edofe.org

<https://www.youtube.com/user/theDofEUK>