



BRONZE EXPEDITION TRAINING

2019

| Date | Time | Event |
|---|-------------|--|
| Tuesday 5 th February | 1500 - 1600 | Introduction to the Expedition/Equipment |
| Tuesday 26 th February | 1500 - 1600 | Food on the Expedition/Stoves |
| Tuesday 12 th March | 1310 – 1340 | Aim of the Expedition (Bring lunch) |
| Tuesday 26 th March | 1500 – 1600 | Navigation 1 – Basic Map and Compass |
| Tuesday 23 rd April | 1500 – 1600 | Navigation 2/Health and Safety |
| Friday 3 rd May – Saturday 4 th May | TBC | Practice Expedition |
| Friday 7 th – Saturday 8 th June | TBC | Qualifying Expedition |

You will also have to undertake some First Aid Training which will be arranged during school time by Miss Watkinson. This will be done in smaller groups. If you have completed any First Aid Course please let us know as you may not be required to complete this element.

If you have any issues attending these sessions please let Mr Olds or Miss Watkinson know in advance. Those that do not complete the training without good reasons may not be allowed on the expeditions.

Information on the location of the sessions will be communicated to you via your tutors on the Tuesday.